



Rejuvenation™

THAI MASSAGE • YOGA

Thailand Yoga Retreat: June 8 - June 18, 2008



Join Gabriel Azoulay on a 10 day yoga experience that will enhance your daily practice, inspire the gifts within you and change the way you think of touching your toes.

You will be practicing yoga to ocean views at the magical resort of Kamalaya on Ko Samui Island. In addition to those 5 days, we will be exploring the temple of Siddhartha Guatama (often called Buddha) in Bangkok, the fabulous local markets, enjoying a dinner cruise on a rice barge and much more. You can also extend your trip to travel to Chiang Mai in Northern Thailand, where you will visit the highlights of the area and have the chance to ride elephants at a training camp.

What better place than Thailand to unwind, reinvigorate and expand your practice, your knowledge and your well-being.

Highlights of what the program will include:

- Accommodation for 5 nights at Kamalaya with 3 meals per day
- Daily Yoga practice and talks with Gabriel Azoulay
- Accommodation in Bangkok with daily breakfast
- Accommodation for 2 nights at The Chedi Chiang Mai with daily breakfast
- Round trip airport transfers
- All sightseeing by private vehicle with professional local English speaking guides
- Internal Air tickets in Thailand

Services in Bangkok and Chiang Mai are provided by Abercrombie and Kent, Thailand.

Priced from \$4,550 per person based on double occupancy. Single occupancy and upgrades are available.

Please call Jill Taylor at Poe Travel for more information and booking.

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915 CUMBERLAND • P. O. BOX 2576 • LITTLE ROCK, AR 72202 USA
501-376-4171 • 800-727-1960 • FAX 501-377-7501 www.poetravel.com • goaway@poetravel.com